



## *"The Kosher Trip Planning Specialist"*

### **Sample Menu – High School Trip**

<p><b><u>Sunday Lunch (Boxed)</u></b></p> <p>Assorted Tuna &amp; Egg Sandwiches          Grilled Vegetable wraps          Coleslaw          Potato Salad          Pickle          Whole Fruit          Bottled Water &amp; Soda          Brownie</p>	<p><b><u>Sunday Dinner</u></b></p> <p>Vegetable &amp; Cheese Lasagne          Macaroni and Cheese          Eggplant Marinara          Caesar Salad          Garden Salad          Speciality Salad          Garlic Bread          Fruit Platters          Dessert - Ice Cream Sundae Bar</p>
<p><b><u>Monday Breakfast</u></b></p> <p>Scrambled Eggs          8 choices of cold Cereal          Yogurt          Bagels, Cream Cheese &amp; Lox          Assorted Fresh Fruit          Breakfast Pastry          Oatmeal          Orange Juice          Milk          Coffee          Tea</p>	<p><b><u>Monday Lunch (Boxed)</u></b></p> <p>Grilled Chicken Wraps          Grilled Vegetable Wraps          Sesame Noodle Salad          Bagged Chips          Pickle          Whole Fruit Item          Bottled Water &amp; Soda          Parve Cookie</p>
<p><b><u>Monday Dinner</u></b></p> <p>Turkey Schwarma          Kefta          Basmati Rice with saffron          Israeli salad          Hummus &amp; Tahini          Babaganoosh          Eggplant salad with tomato          Israeli pickles          Pita          Falafel Balls          Fresh Fruit Salad          Chocolate Cake</p>	<p><b><u>Tuesday Breakfast</u></b></p> <p>Scrambled Eggs          8 choices of cold Cereal          Yogurt          Bagels, Cream Cheese &amp; Lox          Assorted Fresh Fruit          Breakfast Pastry          Oatmeal          Orange Juice          Milk          Coffee          Tea</p>





***"The Kosher Trip Planning Specialist"***

## **Sample Menu – High School Trip**

<b><u>Tuesday Lunch (boxed)</u></b>	<b><u>Tuesday Dinner</u></b>
Assorted Deli Sandwiches Vegetarian Option Coleslaw Potato Salad Pickle Whole Fruit Item Bottled Water & Soda Parve dessert Item	Sesame Chicken Stir fry Beef with vegetables Egg Rolls Tofu Stir Fry (Vegetarian) Vegetable Fried Rice Steamed Rice Garden Salad Fortune Cookies Parve Dessert

